



WORK-RELATED STRESS AUDIT

QUESTIONNAIRE

May 04

Organisation

Department

Age: Under 20 Sex: Male
 20 to 29 Female
 30 to 39
 40 to 49 Disabled: Yes
 50 to 59 No
 Over 60

Section:

Job Type:

Grading Band

Ethnicity

Confidential audit questions

Using the key opposite please answer all of the following questions

- | |
|----------------------------|
| 1 – Never / Not applicable |
| 2 – Rarely |
| 3 – Occasionally |
| 4 – Frequently |
| 5 – Most of the time |
| 6 – All of the time |

	1	2	3	4	5	6
1. Do you work in uncomfortable or poor working conditions (e.g. noise, light, temperature, etc)?						
2. Do you have concerns about the effectiveness of employee review and development process?						
3. Do you feel that you lack career development opportunities?						
4. Do you feel that your job is not secure?						
5. Do you feel that you are given unreasonable workloads or deadlines?						
6. Do you feel pressurised to do excessive overtime or take work home?						
7. Do you feel guilty about taking your holiday entitlement?						
8. Do you feel that you do not have enough time to do a good job?						
9. Do you ever have to do work that is mundane or boring?						
10. Does operating on your own in the workplace result in feelings of isolation?						
11. Do you have a poor working relationship with your manager / supervisor?						
12. Do you have a poor working relationship with other members of staff?						
13. Do you ever experience poor communications with managers or staff?						
14. Do you have to manage members of staff who are not performing well?						
15. Do you feel that you are not given enough positive feedback or acknowledgement of your work?						
16. Have you ever suffered discrimination because of ethnicity, sex, age, disability, sexual orientation, or any other reason?						
17. Have you ever suffered bullying from anyone in the work place?						
18. Do you have a fear of violence, abuse or actual incident involving members of the public, service clients or users?						
19. Are you unclear about the reason for organisational changes?						
20. Do you feel that there is insufficient consultation about changes and decisions that affect you?						
21. Are you unclear about your role in and contribution to the organisation?						
22. Are you unclear about the purpose or objectives of your department?						
23. Do you feel that lack of training stops you from doing your job effectively?						
24. Do you ever experience poor problem solving support from your manager / supervisor?						
25. Do you feel that you have insufficient administration or clerical support?						